



El resurgir del Interferón

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THE LANCET, AUGUST 13, 1988

RECOMBINANT INTERFERON-ALPHA FOR
TREATMENT OF POLYCYTHAEMIA VERA

HAEMATOLOGICAL FINDINGS IN THREE PATENTS WITH
POLYCYTHAEMIA VERA BEFORE (A) AND DURING (B) PHLEBOTOMY
AND 1 YEAR AFTER START OF rIFN- α (C)

—	Patient 1 (64, F)			Patient 2 (52, M)			Patient 3 (46, M)		
	A	B	C	A	B	C	A	B	C
RBC	8.0	5.1	4.6	6.5	7.1	5.6	6.7	5.5	6.7
Hct	72	47	36	58	49	37	59	51	49
WBC	13.5	7.7	7.5	18.2	12.7	10.3	8.1	6.6	4.0
Plt	276	300	225	305	350	450	654	425	400
Spl	2.0	..	0.5	15.0	..	8.0	4.0	..	tip

For A and B results are medians.

RBC = red blood-cells ($10^6/\mu\text{l}$); Hct = haematocrit (%); WBC = white blood-cells ($10^6/\mu\text{l}$);
Plt = platelets (1000s/ μl); Spl = spleen size (cm below left costal margin).

Practice Patterns in the Diagnosis and Treatment of Polycythemia Vera in the Post-JAK2 V617F Discovery Era

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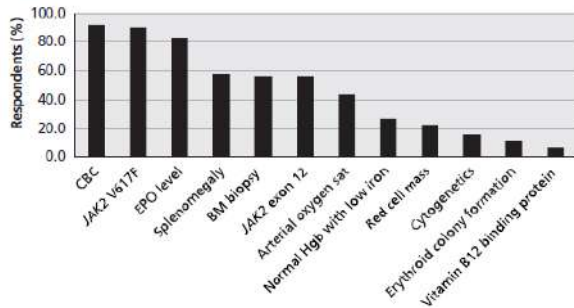


Figure 2. Diagnostic testing reported most useful to diagnose polycythemia vera. Abbreviations: BM, bone marrow; CBC, complete blood count; EPO, erythropoietin; Hgb, hemoglobin; sat, saturation.

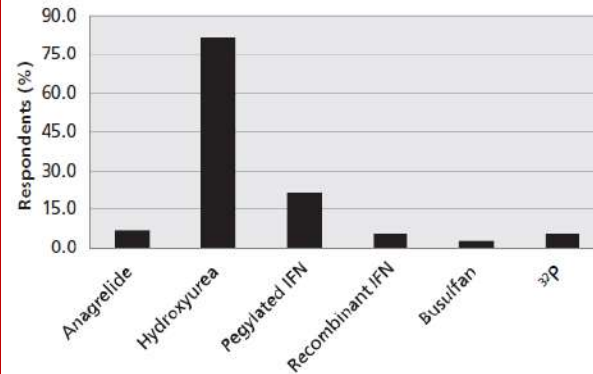


Figure 5. Preferred cytoreductive therapy in polycythemia vera. Abbreviation: IFN, interferon.

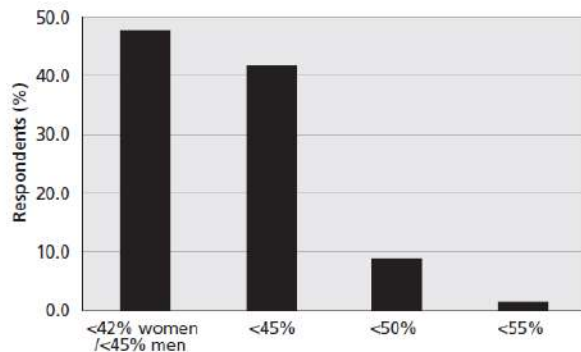


Figure 3. Target hematocrit in polycythemia vera.

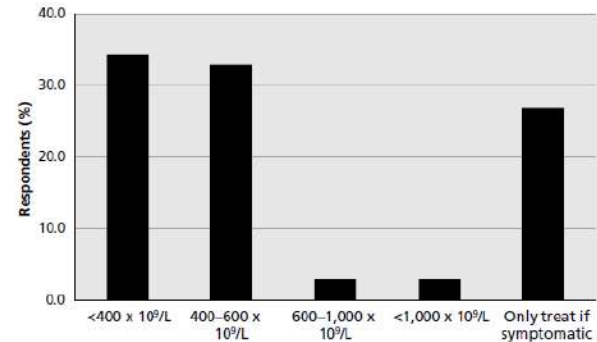
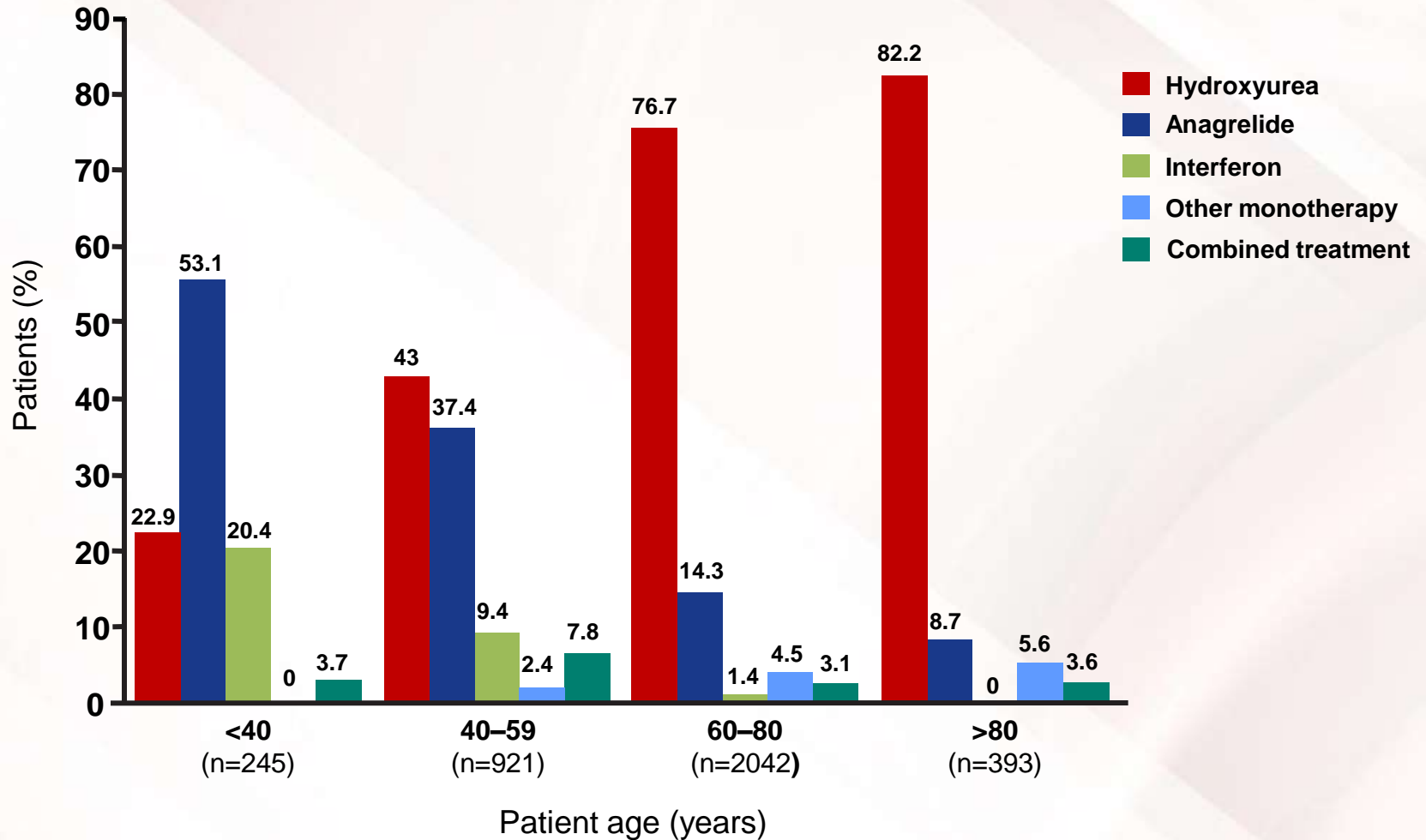


Figure 4. Target platelet count in polycythemia vera.

EXELS Study: 3643 High-Risk ET Patients

Type of cytoreductive treatment at study inclusion according to patient age



Interferon Treatment in MPN

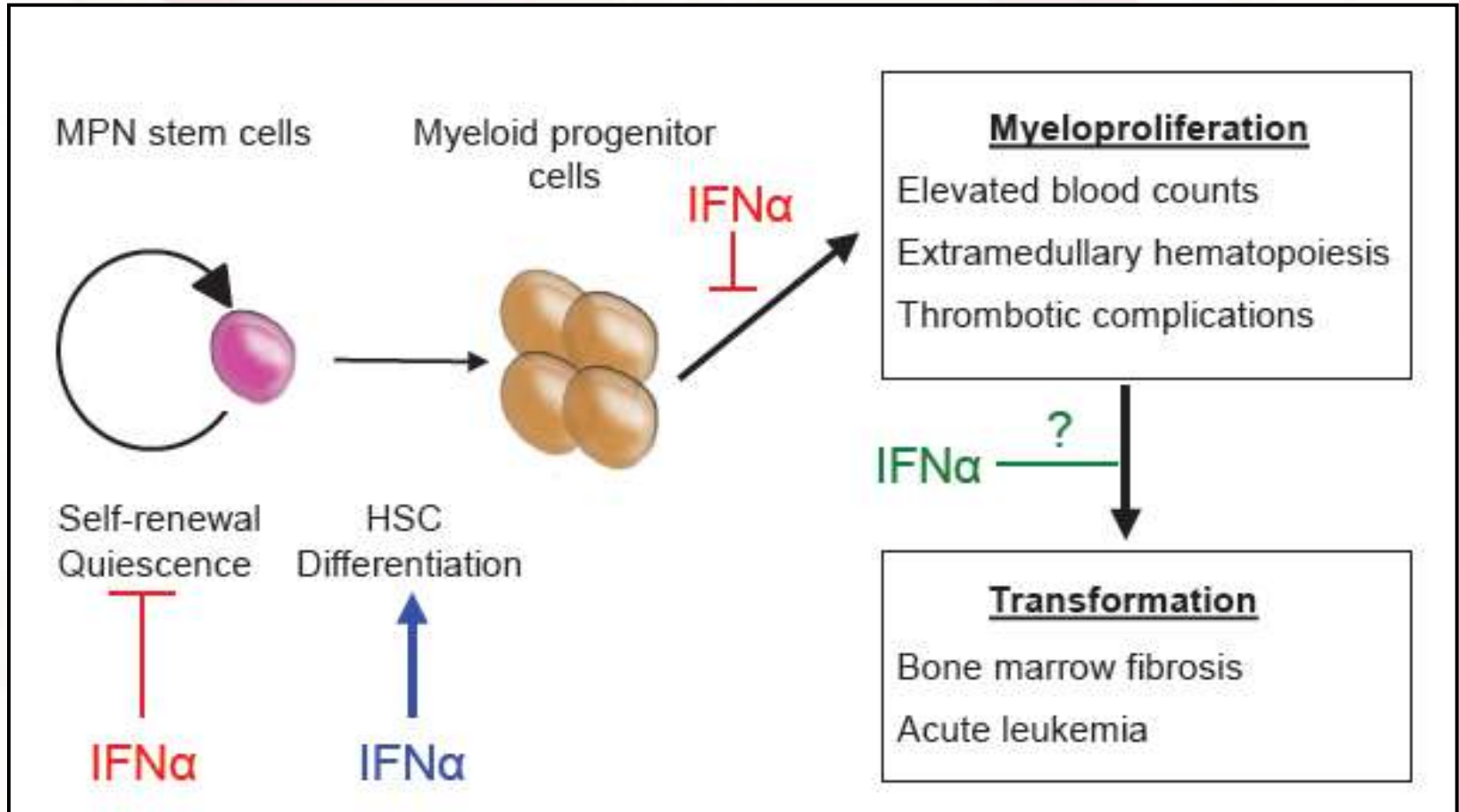
Advantages

- Biological compound
- Non-leukemogenic
- Selective elimination of the neoplastic clone
- Cytogenetic remissions reported
- Reduction of *JAK2V617F* & *CALR*-mutated allelic burden
- Potential disease-modifying effect
- Sustained long-term benefit

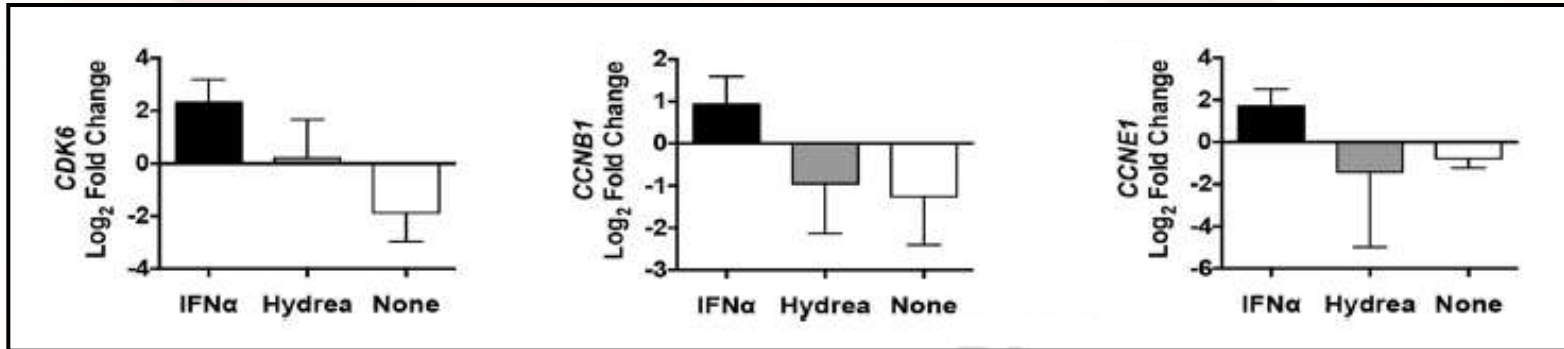
Disadvantages

- Frequent side-effects
- Flu-like symptoms
- Aggravation of mood disorders
- Induction of autoimmunity
- Subcutaneous application not yet licensed for MPN

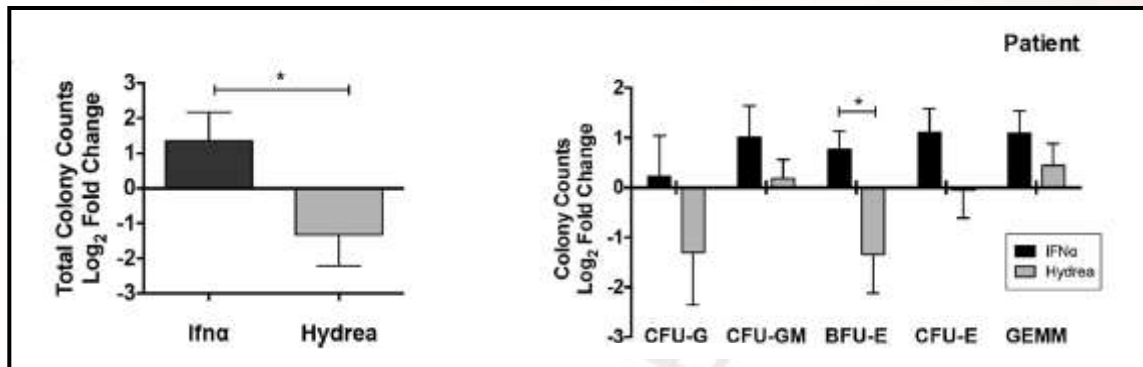
Mechanisms of Action of IFN in MPN Stem Cells



RNA Expression Levels of Cell Cycle-regulated Genes in CD34 cells from Untreated and Treated PV and ET Patients with IFN α and HU



Change in Total Colony Number and Colony Type Formation by IFN α and HU



Clinical Trials of Pegylated IFN in PV

Hematological Response

	PVN-1 (n=40)	MD Anderson (n=40)	Peginvera (n=51) ¹
CR	91%	70%	53%
PR	9%	10%	45%
NR	0%	20%	2%
Follow-up (median)	2.6 yrs	1.8 yrs	1.4 yrs
Discontinuation by AEs	24%	10%	20%

¹ 47 evaluable

CR: Normalization of Hct (<45%), WBC and platelet counts, and spleen size without phlebotomies

PR: At least ≥50% reduction in phlebotomy requirements or spleen size ± elevated (>400x10⁹/L) platelet count

NR: Any response not fulfilling CR or PR criteria

AE: Adverse events

Kiladjian *et al*, Blood 2008;112:3065
Quintas-Cardama *et al*, J Clin Oncol 2009;27:5418
Them *et al*, Am J Hematol 2015;90:288

Clinical Trials of Pegylated IFN in PV

Molecular Response

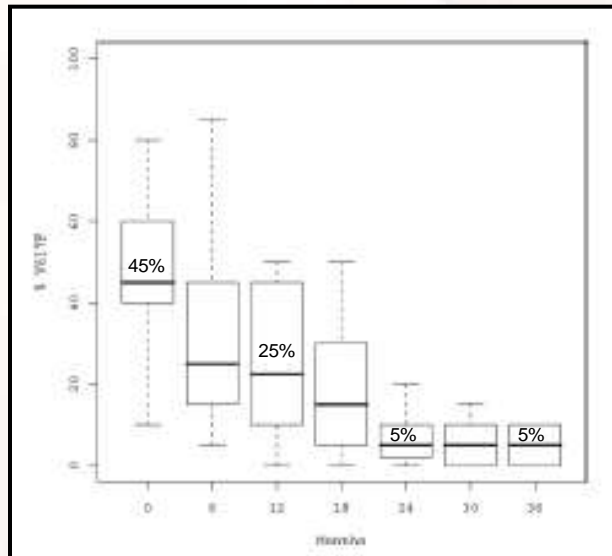
	PVN-1 (n=29) ¹	MD Anderson (n=35) ¹	Peginvera (n=35) ¹
CR (undetectable)	24%	14%	6%
PR (↓ ≥50%)	48%	31%	46%
minor MR (↓ 20-49%)	17%	9%	
no MR (↓ <20%)	11%	46%	49% (↓ <50%)
Follow-up (median)	2.6 yrs	1.8 yrs	1.6 yrs

¹ number of evaluable patients

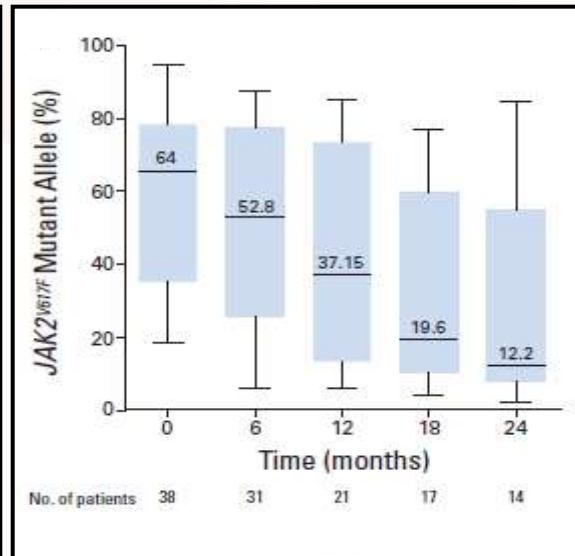
Kiladjian *et al*, Blood 2008;112:3065
Quintas-Cardama *et al*, J Clin Oncol 2009;27:5418
Them *et al*, Am J Hematol 2015;90:288

Clinical Trials of Pegylated IFNs in PV

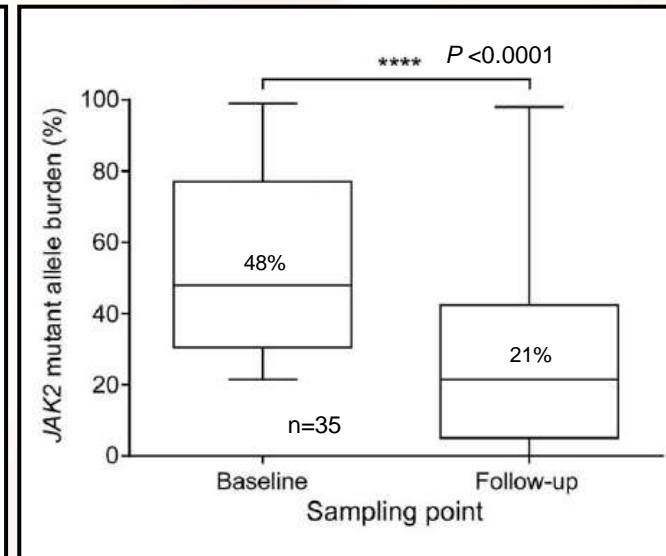
Dynamics of *JAK2V617F* allele burden



Kiladjian *et al*, 2008



Quintas-Cardama *et al*, 2009

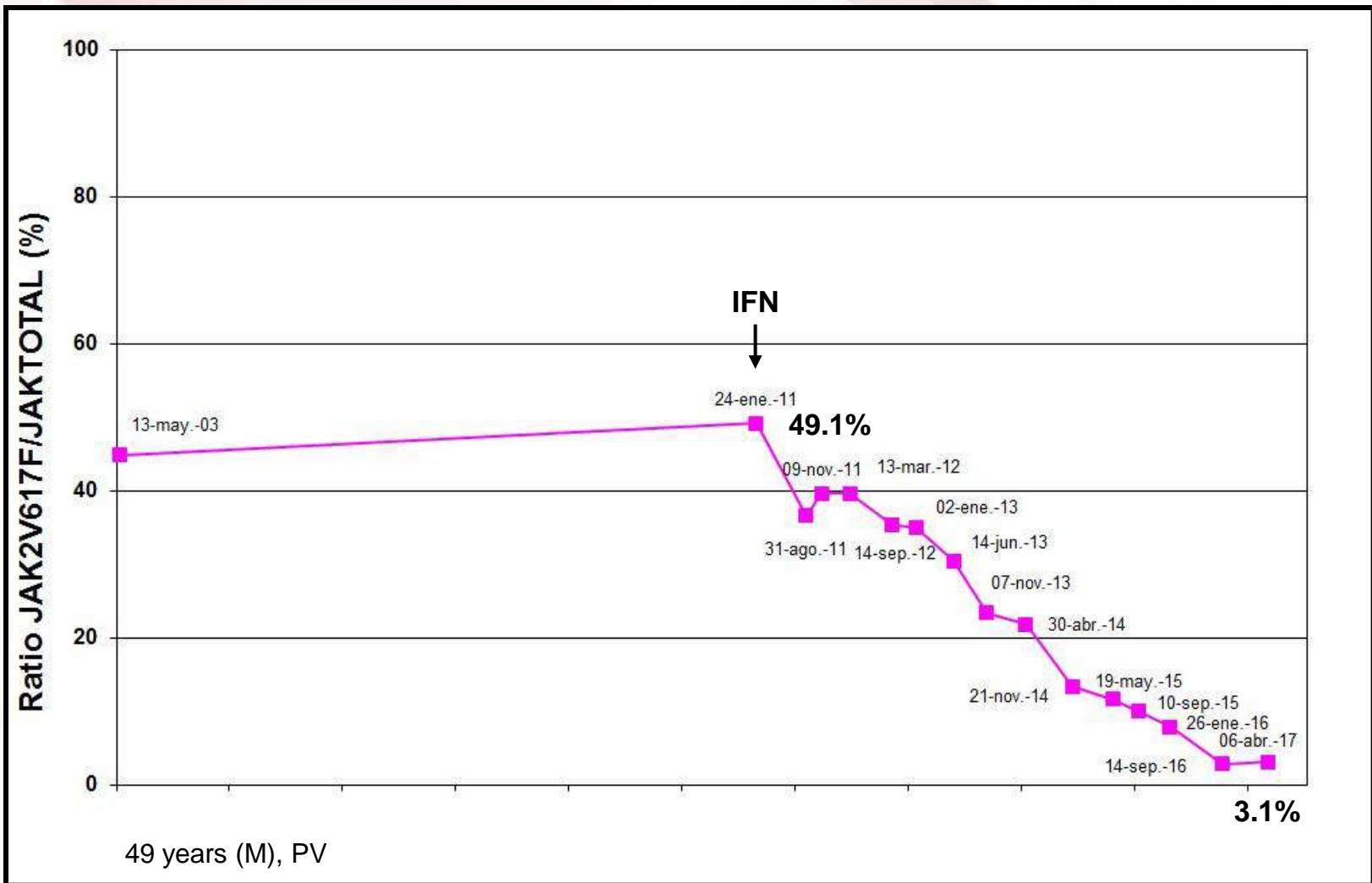


Them *et al*, 2015

PVN-1 Long-term Analyses of Peg-IFN α -2a

- Cumulative incidence of molecular CR:
 - 14% at 2 years
 - 30% at 4 years
- Clinical remissions without cytoreductive therapy
 - 27% of patients could stop Peg-IFN α -2a and remained in hematological CR without cytoreductive treatment for a median time of 31 + months (up to 66+ months)
- Additional findings:
 - No vascular events reported (expected: 6-10)
 - In some patients histological complete remission was observed

Dynamics of *JAK2V617F* Allele Burden During Pegylated Interferon Treatment



PEG-IFN- α 2a in PV and ET Patients

MD Anderson experience

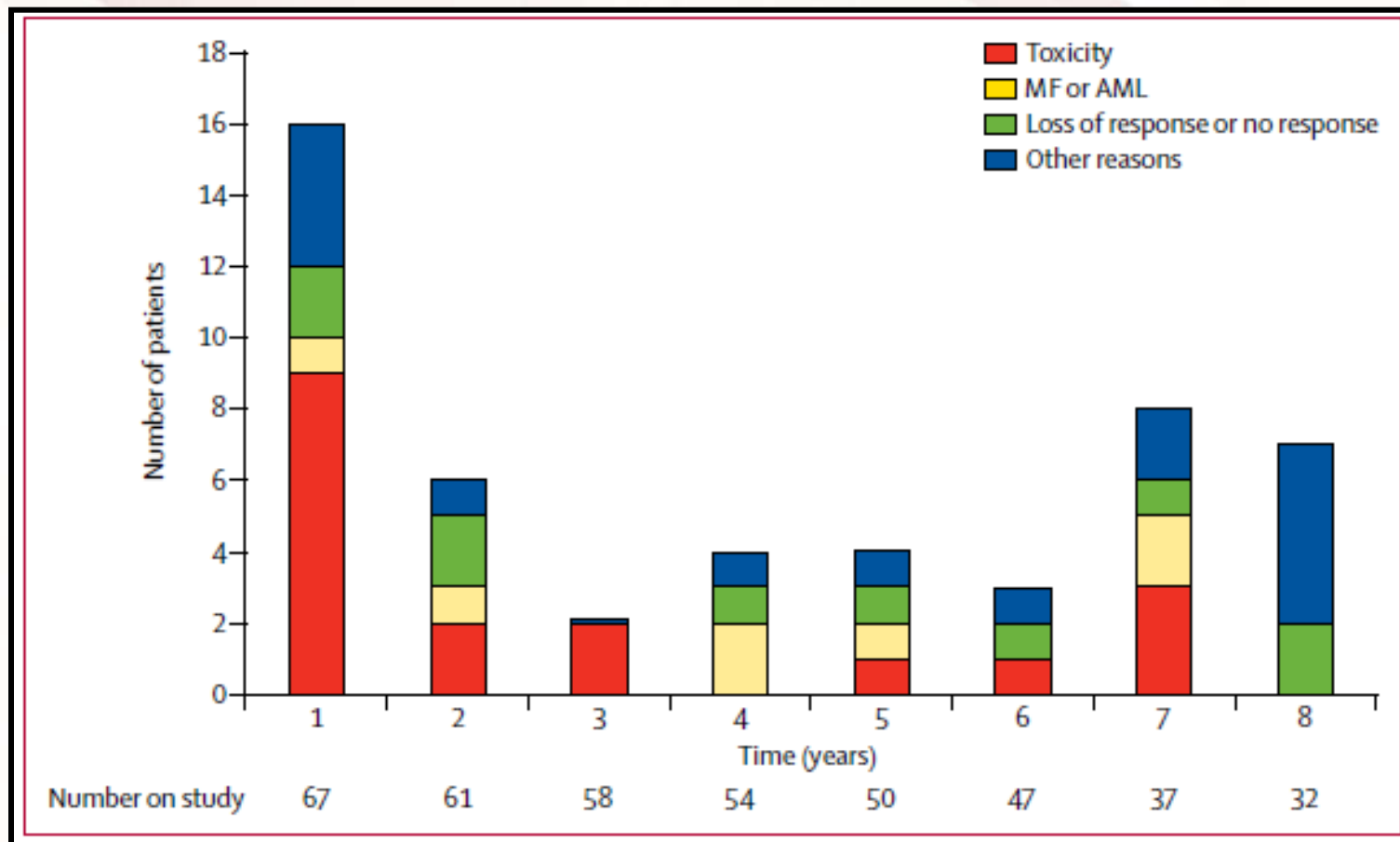
- **83 patients** (43 PV, 40 ET)
- 7 year median follow-up
- Patients **on study**: 32 (**39%**)
Patients **off study**: 51 (**61%**)

Therapy Discontinuation	
Reason	No. (%)
Toxicity G1-2	8 (10)
G3-4	10 (12)
Vascular events	7 (14)
Progression to MF/AML	7 (14)
Loss of response/NR	3 (6)
Others*	16 (32)

* Including death, other malignancy, financial

MD Anderson Experience

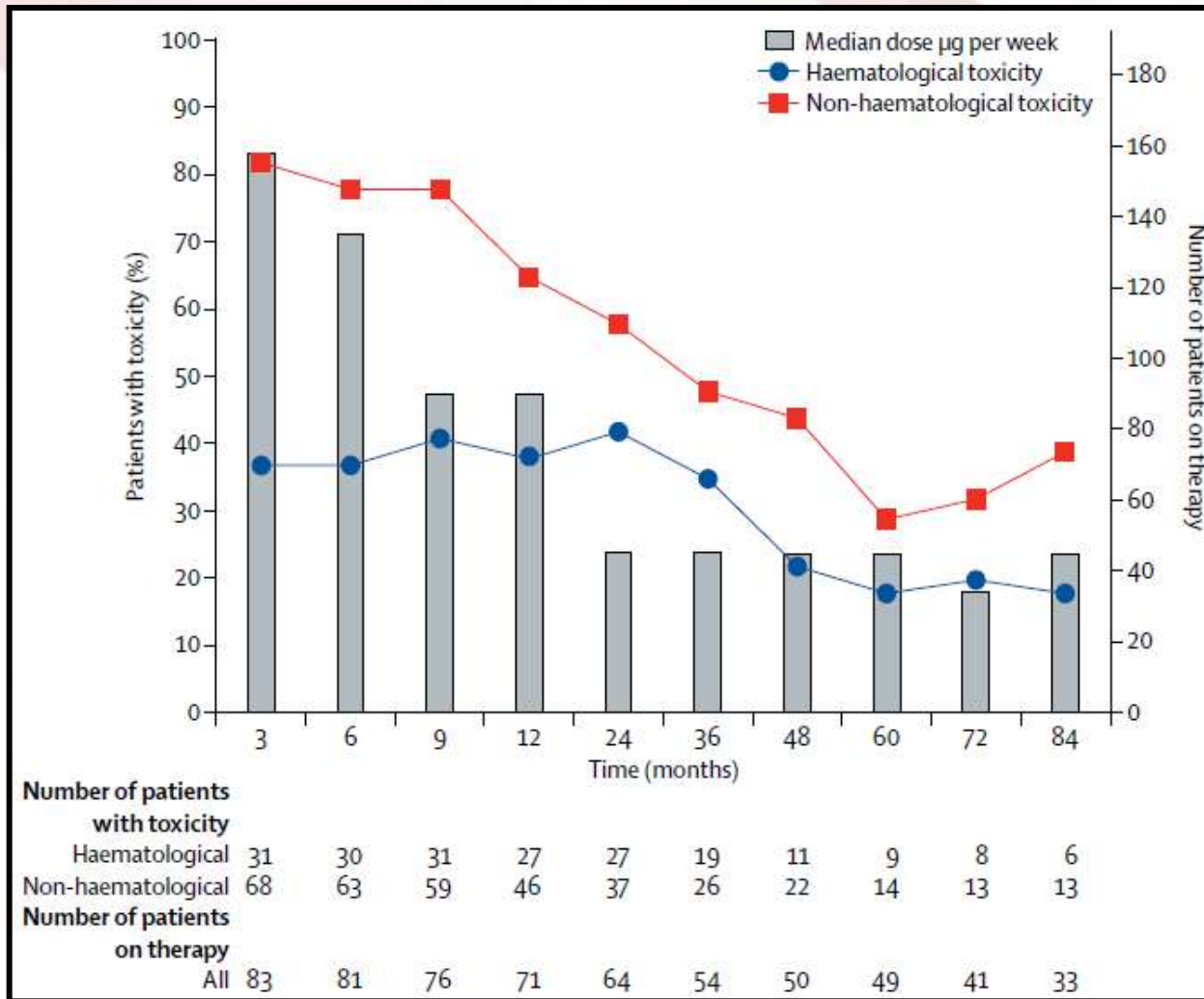
Proportion of the 43 PV and 40 ET Patients Treated with Peg-IFN alfa-2a who Discontinued by Year and Reasons for Treatment Discontinuation



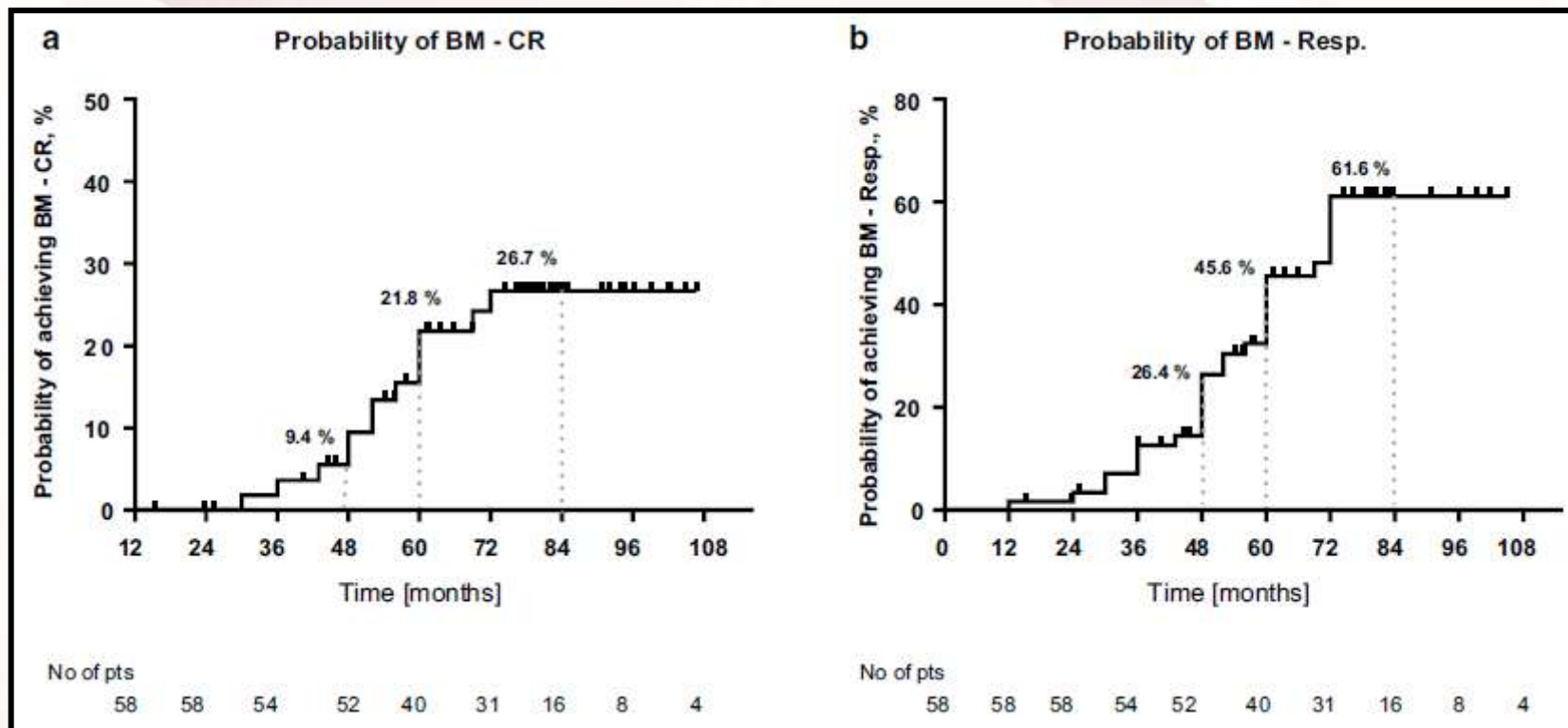
Median FU: 83 months

Most common adverse events: fatigue (75%), muscle pain (52%), GI toxicity (44%), depression (31%)

Correlation of Toxicities with Time and Dose of PEG-IFN α 2a



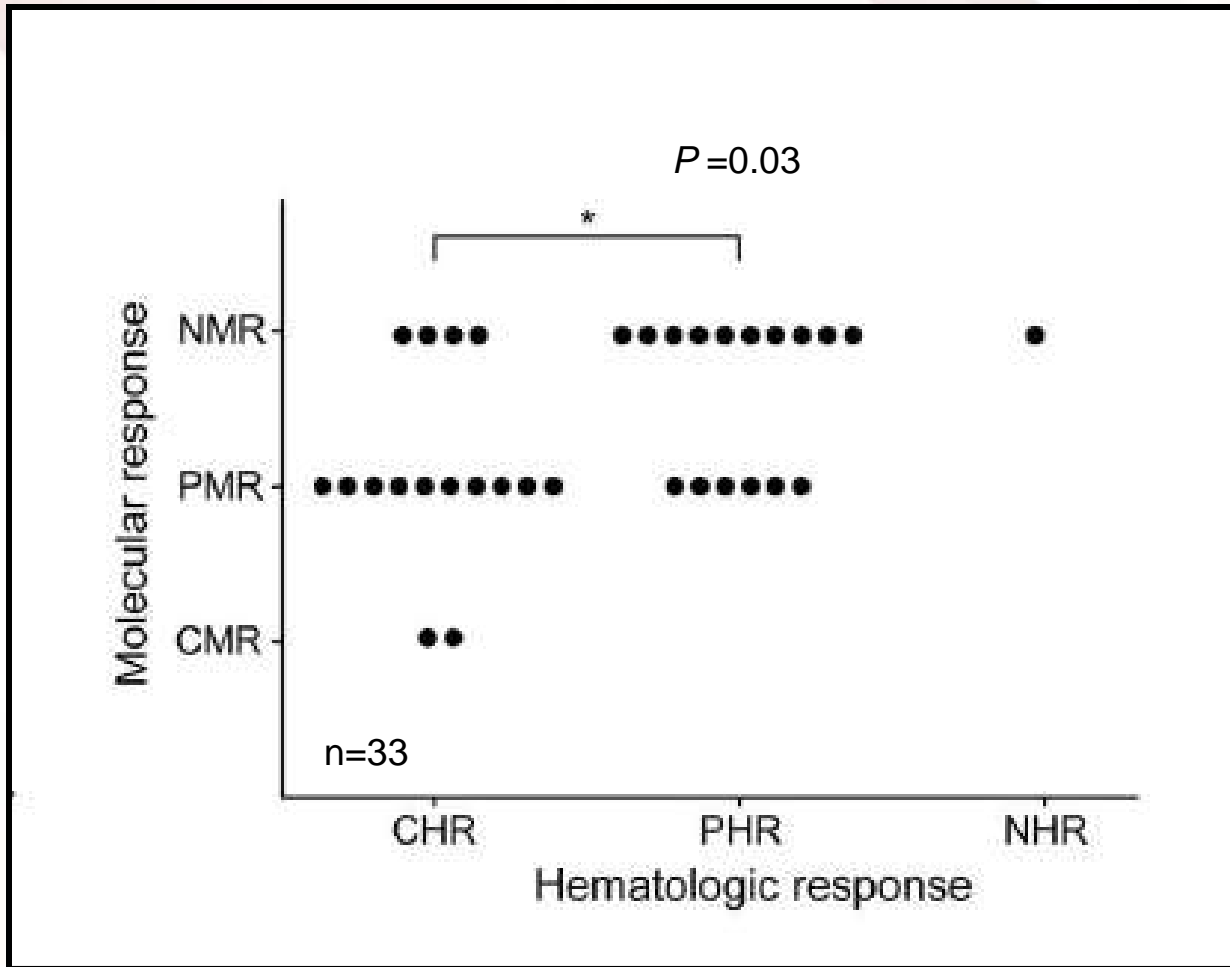
Probability of Achieving a Bone Marrow Response in 25 PV and 31 ET Patients Treated with PEG-INF- α -2a (MD Anderson Cohort)



BM-CR: Absence of more than grade 1 reticulin fibrosis and disappearance of megakaryocyte hyperplasia in ET or trilinear hyperplasia with age-adjusted normocellularity in PV

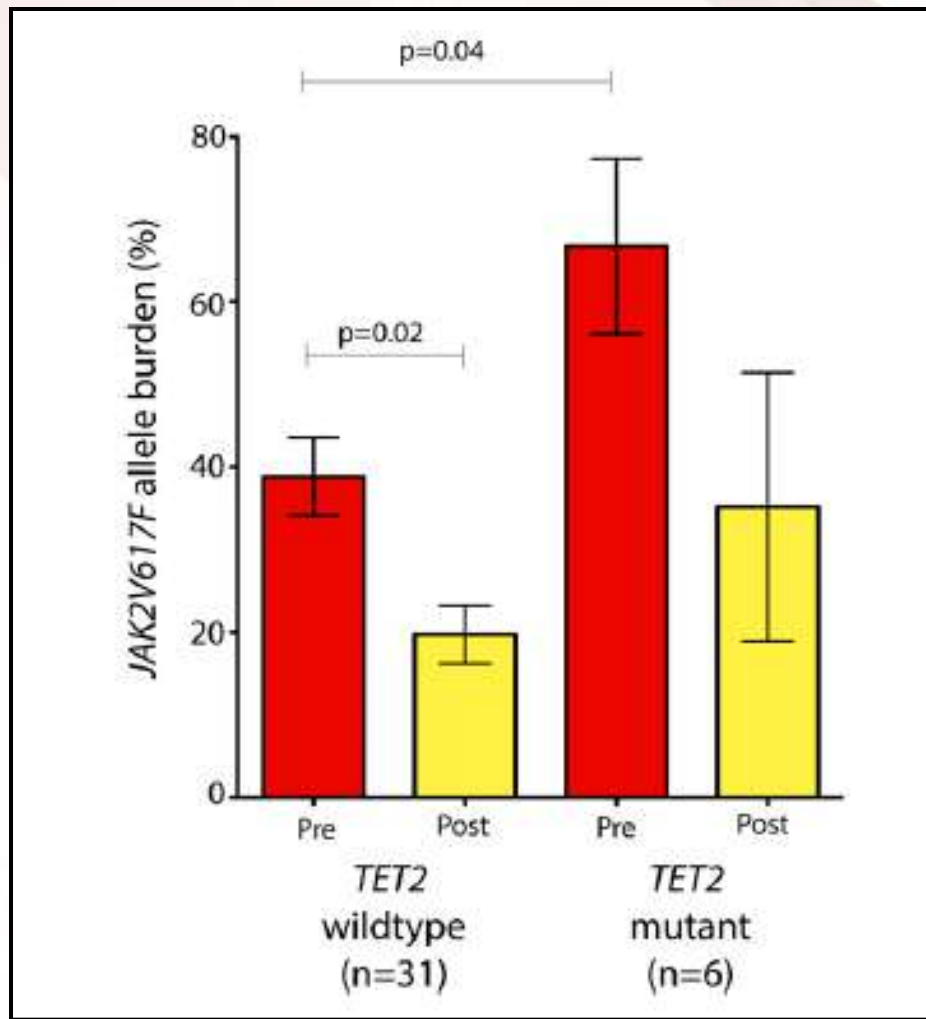
BM-PR: Fibrosis grading that had improved by at least one grade level on at least 2 consecutive samples taken ≥ 12 months apart, but with persistent morphological features of ET or PV

Hematological and Molecular Responses to Peg-proline-IFN α -2b in 51 PV Patients



Median follow-up: 19 months

JAK2V617F Allele Burden Prior and During PEG-IFN α -2a Therapy Based on *TET2* Mutational Status



Serial Mutational Analysis of Genes Outside of JAK2 During Therapy with PEG-IFN α -2a

JAK2V617F response	Patient	Days between serial samples	JAK2V617F allele-burden		TET2	DNMT3A	ASXL1	IDH1/2	EZH2
			Initial	Serial ¹					
CMR	1	577	82.4%	0.01%					
	2	524	63.4%	2.5%					
	3	885	58.7%	0%	■				■
	4	1,292	68.4%	0.01%					
	5	550	5.8%	0.01%		■			
	6	356	45.8%	0.01%					
	7	723	11.8%	0%			■		
	8	259	9.1%	0.02%					
	9	2,554	8.1%	0.02%					
PMR	10	1,084	82.1%	19.8%	■				
	11	1,462	86.1%	23.8%		■			
	12	1,462	45.4%	14.1%					
	13	1,462	41.9%	14.7%	■				
	14	1,462	98.8%	25.9%		■			
	15	564	89.6%	7.0%					
	16	363	71.8%	55%					
mMR	17	1,462	77.7%	18.5%	■				
No response	18	373	92.6%	89.8%					
	19	1,857	87.7%	71.4%	■	■		■	
	20	366	83.0%	79.2%		■			
	21	749	68.2%	78%		■			
	22	400	52.4%	82.3%	■	■			
	23	780	99.2%	94.6%					

¹ All CMR patients found to have sustained undetectable quantitative JAK2V617F allele burden coincident or following these values

■ Mutation lost in serial sample

■ Mutation retained in serial sample

■ Mutation acquired in serial sample

■ No mutation in genes sequenced (other than possibly JAK2)

Characteristics of 31 CALR-Mutated ET Patients Treated with PEG-IFN α

Number of patients	31
Female, no. (%)	20 (65%)
Age at diagnosis (mean)	39 years
Splenomegaly, no. (%)	5 (16)
Treatment duration (mean, months)	34
Still treated*	19 (61%)
Stopped treatment*	
by toxicity	6 (19%)
by HR	6 (19%)
Hematological response	31 (100%)
CHR	24 (77%)
PHR	7 (23%)

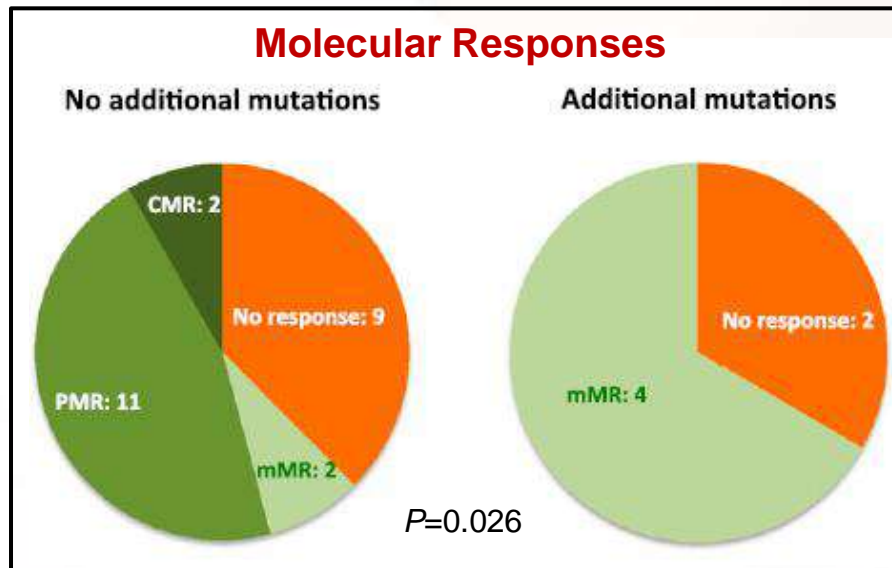
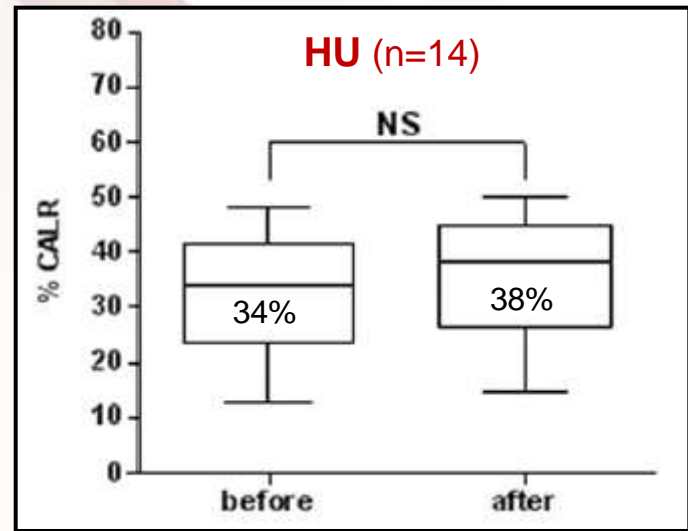
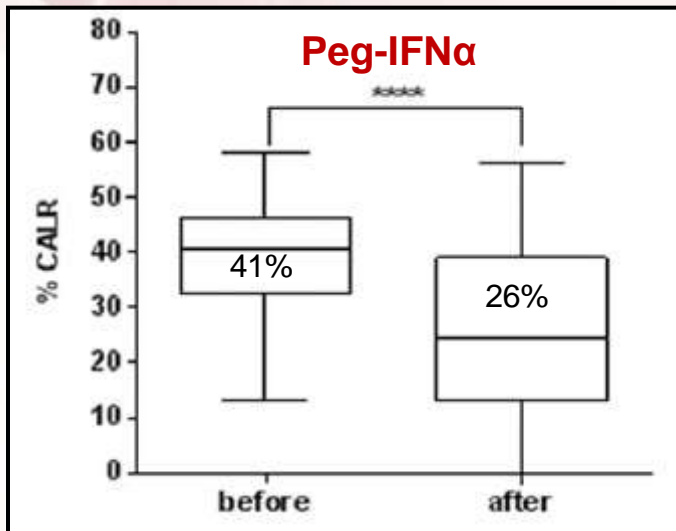
* At last follow-up

HR: hematological response

CHR: complete hematological response

PHR: partial hematological response

Evolution of CALR Mutant Allele Burden with Time



CMR: undetectable
 PMR: ↓ allele burden >50%
 mMR: ↓ allele burden 25% to 49%

Interim Analysis of the MPD-RC Phase III Trial of Front Line PEG-INF2a vs. HU in High-Risk PV & ET

Primary Objective

CHR by ELN 2009 after 12 months of therapy

Secondary Objectives

- To evaluate the toxicity and tolerability of therapy
- The ability of therapy to achieve a CR or PR by ELN criteria
- Survival and clonal transformation
- Incidence of major cardiovascular events
- To measure the impact of therapy on key biomarkers

CHR: complete hematologic response

Interim Analysis of the MPD-RC Phase III Trial of Front Line PEG-INF2a vs. HU in High-Risk PV & ET

	HU (n=39)	PEG-INF2a (n=36)	P
Age, years, median (range)	66 (28-85)	56 (20-71)	<0.001
Gender, female	19 (49%)	16 (44%)	0.71
MPN subtype, ET/PV	16 (41%), 23 (59%)	15 (42%), 21 (58%)	0.95
JAK2V617F	36 (92%)	32 (89%)	0.51
Age >60 years	27 (69%)	15 (42%)	0.02
History of venous thrombosis	6 (15%)	5 (14%)	0.86
History of arterial thrombosis	4 (10%)	9 (25%)	0.09
Cardiovascular risk factors	25 (64%)	16 (44%)	0.09
Palpable spleen	10 (26%)	7 (19%)	0.52
Hemoglobin (g/dL)	14.1 (12.1-22.4)	14.4 (11.3-16.6)	0.17
Hematocrit (%)	45.7 (36.2-70.2)	43.9 (33.5-60.7)	0.33
Leukocytes (x10 ⁹ /L)	10.3 (4.8-20)	8.1 (4-23.4)	0.43
Platelets (x10 ⁹ /L)	615 (142-1444)	538 (112-1382)	0.24

Interim Analysis of the MPD-RC Phase III Trial of Front Line PEG-INF2a vs. HU in High-Risk PV & ET

Overall Response Rates at 12 Months by Treatment Arm

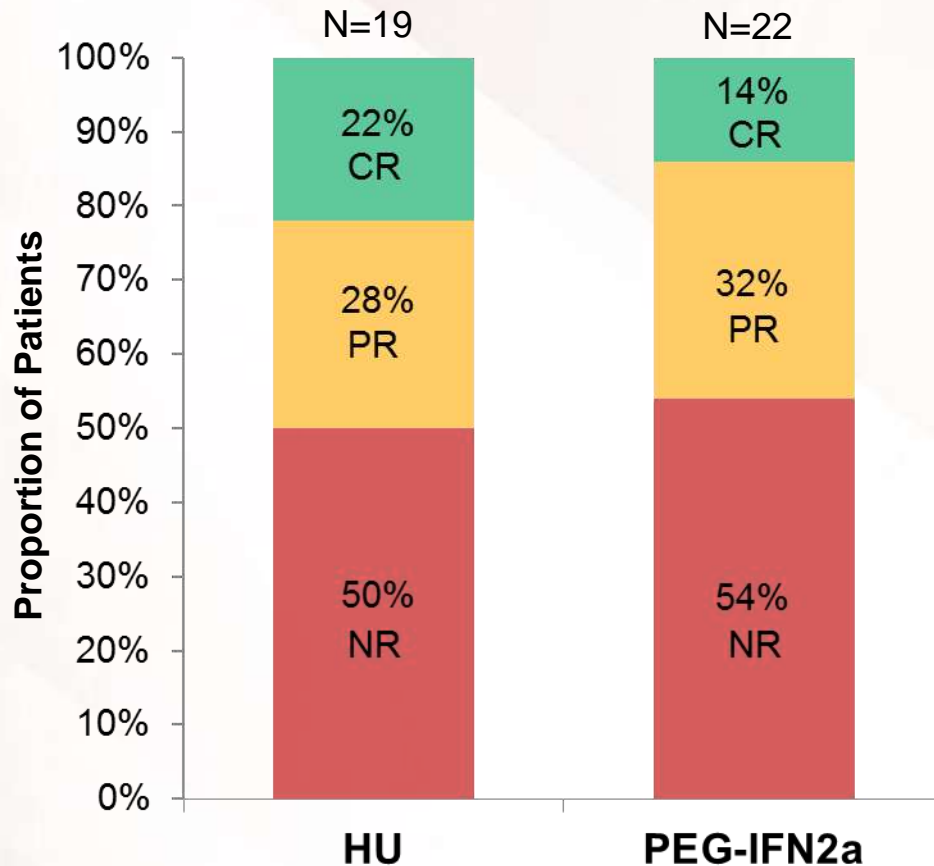
	HU (n=39)			PEG-INF2a (n=36)			P value
	ORR n (%)	PR n (%)	CR n (%)	ORR n (%)	PR n (%)	CR n (%)	
Entire cohort (n=75)	27 (69)	14 (36)	13 (33)	29 (81)	19 (53)	10 (28)	0.6
ET (n=31)	11/16 (69)	4/16 (25)	7/16 (44)	12/15 (80)	6/15 (40)	6/15 (40)	0.8
PV (n=44)	16/23 (70)	10/23 (44)	6/23 (26)	17/21 (62)	13/21 (62)	4/21 (19)	0.6

Interim Analysis of the MPD-RC Phase III Trial of Front Line PEG-INF2a vs. HU in High-Risk PV & ET

Adverse Event	HU (n=36)	PEG-INF2a (n=36)	P
Abdominal pain	2 (6%)	7 (19%)	0.07
Anemia	6 (17%)	7 (19%)	0.76
Depression	-	10 (28%)	<0.001
Diarrhea	5 (14%)	7 (19%)	0.53
Dyspnea	1 (3%)	7 (19%)	0.02
Fatigue	10 (28%)	18 (50%)	0.05
Flu-like symptoms	1 (3%)	12 (33%)	<0.001
Headache	4 (11%)	7 (19%)	0.33
Injection site reaction	-	9 (25%)	0.001
Leukopenia	3 (8%)	8 (22%)	0.10
Nausea	7 (19%)	7 (19%)	0.99
Pain	9 (25%)	11 (31%)	0.60
Pruritus	3 (8%)	10 (28%)	0.03
Thrombocytopenia	7 (19%)	6 (17%)	0.76
Overall (grade 1+)	32 (89%)	36 (100%)	0.04
Overall (grade 3+)	5 (14%)	17 (47%)	0.002

Interim Analysis of the MPD-RC Phase III Trial of Front Line PEG-INF2a vs. HU in High-Risk PV & ET

2009 ELN Molecular Response Category



	VAF	HU	PEG-IFN2a
Baseline		19.7%	18.8%
12 months		8.3%	8.4%

VAF: variant allele frequency

Interim Analysis of the MPD-RC Phase III Trial of Front Line PEG-INF2a vs. HU in High-Risk PV & ET

Complete Histopathologic Bone Marrow Response at 12 Months

	HU	PEG-INF2a
ET + PV	8/22	2/24
ET	5/10	2/10
PV	3/12	0/14

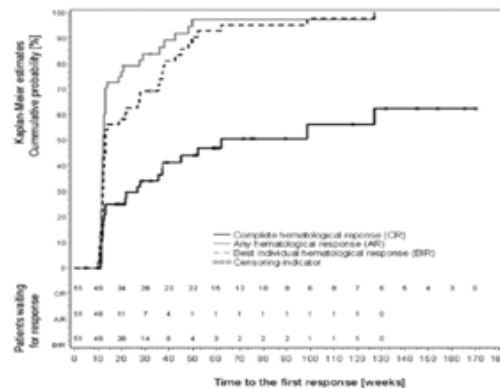
Criteria for response:

- Normalized BM cellularity
- Reticulin fibrosis <MF2
- ET: disappearance of megakaryocyte hyperplasia, and abnormal megakaryocyte histotopography
- PV: disappearance of trilineage hyperplasia

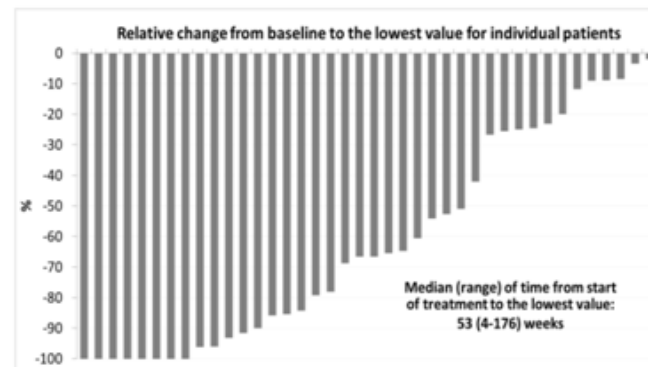
Ropeginterferon alfa-2b (AOP2014)

- **Novel monopegylated Interferon alfa-2b**
single isoform due to innovative pegylation technology
- **Administration frequency once every 14 days**
(once monthly in long-term maintenance)
- **Phase II** trial PEGINVERA (up to 5 years follow-up)

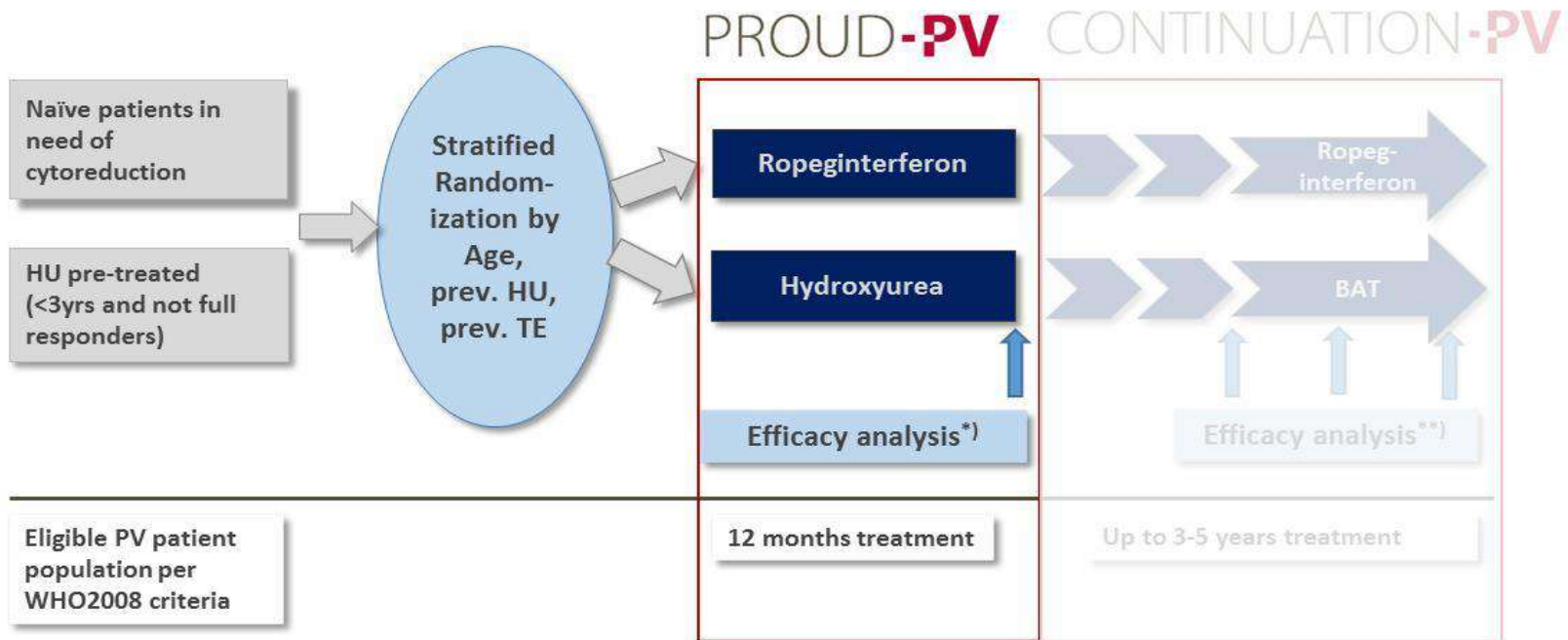
Hematologic response



Molecular-genetic response



Ropeginterferon alfa-2b phase III development: PROUD/CONTI-PV



Expected outcome: ^{*)} non-inferiority: Hematologic Response

^{**)} benefit: durable Hematologic Response, PFS, PV symptom relief

Patient baseline demographics

	AOP2014 (n=127)	HU (n=127)
Caucasian	100%	100%
WHO2008 PV *)	100%	100%
Female	53.5%	52.8%
Age (median, range)	60 (30-85)	60 (21-81)
Disease duration (median, range)	1.9 month (0-146)	3.6 month (0-126)
HU pretreated	47 (37%)	47 (37%)
Hematocrit (mean, SD)	49.5% (± 5.4)	49.8% (± 5.5)
Spleen length (median, range)	13.1 cm (7.0-25.0)	13.0 cm (7.5-24.5)
Spleen normal/slightly enlarged **)	90.6%	88.2%
Spleen length >17cm/>22cm	9.4%/2.4%	11.8%/3.9%
Mean JAK2V617F burden	42%	43%

*) confirmed by bone marrow biopsy

**) slightly enlarged >12/13cm (f/m) – 17cm

Complete Hematologic Response at 12 months

	AOP2014	HU	Difference % (95% CI)	P-value ^{*)}
Complete hematologic response rate (ITT)	43.1%	45.6%	-2.5 (-14.9 to 9.9)	0.0028
Responding patients/n	53/123	57/125		
Complete hematologic response rate (PP)	44.3%	46.5%	-2.2 (-15.2 to 10.7)	0.0036
Responding patients/n	50/113	53/114		

→ non-inferiority is demonstrated, p=0.0028

^{*)} Non-inferiority margin 20.0%

All grade AEs in >10% of patients in either treatment arm

Adverse Event	AOP2014 (n=127) n (%)	HU (n=127) n (%)	P-value*
Anaemia	8 (6.3%)	31 (24.4%)	p<0.01
Leukopenia	11 (8.7%)	27 (21.3%)	p<0.01
Thrombocytopenia	19 (15.0%)	36 (28.3%)	p<0.01
Nausea	3 (2.4%)	15 (11.8%)	p<0.01
Fatigue	16 (12.6%)	17 (13.4%)	n.s. (p>0.05)
GGT increased	18 (14.2%)	1 (0.8%)	p<0.01

Number of patients with any treatment-emergent event regardless of relationship to study drug and intensity

* Fisher's exact test
n.s. not significant

Adverse Events of Special Interest

AESI	AOP2014 (n=127) n (%)	HU (n=127) n (%)	P-value*
Endocrine disorders*	4 (3.1%)	1 (0.8%)	n.s.
Psychiatric disorders**	2 (1.6%)	0 (0.0%)	n.s.
Cardiac/Vascular disorders***	4 (3.1%)	2 (1.6%)	n.s.
Tissue disorders****	2 (1.6%)	0 (0.0%)	n.s.

* Fisher's exact test
s. significant
n.s. not significant (p>0.05)

* Autoimmune thyroiditis, Hypo-/Hyperthyroidism

** Anxiety, Depression, Mood altered

*** Major cardio-vascular events within different System organ classes (cardiac failure, thrombotic event, stroke)

**** Rheumatoid arthritis, psoriasis

Two-Year Results of Ropeginterferon Alfa-2b of Phase III Continuation-PV Study

	RopegIFN n=88		HU/BAT n=73
CHR	70%	$p=0.01$	49%
CHR plus symptom improvement and splenomegaly	49%	$p=0.12$	36%
Partial molecular response	69%	$p=0.004$	28%
Treatment-related adverse events	70%		77%

CHR: complete hematologic response

Interferon in Myelofibrosis

- Retrospective studies (primary & secondary MF; all IPSS scores)
- Variable degrees of clinical response (IWG-MRT criteria)
- Mild toxicity (grade 1-2)
- Decrease in *JAK2V617F* allele burden
- Better response if:
 - BM fibrosis \leq MF2
 - Spleen size <4 cm, <6 cm
- Lower response if:
 - HMR mutations
 - Clonal complexity
- Survival benefit?

Conclusions

- ❖ IFN achieves high hematological response rates either in newly diagnosed or previously treated PV and ET patients outside or inside clinical trials
- ❖ IFN attains molecular responses regardless of *JAK2* or *CALR* mutational status although presence of additional somatic mutations may compromise molecular response rates
- ❖ Discontinuation rate of 20%-40% according to different cohorts/clinical trials; tolerability is improved when using low doses at initiation
- ❖ New IFN formulations allow a more prolonged administration (clinical benefit!)
- ❖ Some patients may achieve sustained hematologic and molecular responses even after discontinuation of therapy
- ❖ Preliminary analysis of RCT suggest non-inferiority of Peg-IFN compared to HU although more mature follow-up is needed prior to drawing conclusions
- ❖ The role of INF in MF is still uncertain and its clinical use in this setting should be individualized